

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025
Meet Program - Session 11 (Warmup 11.25 - 11.55)

Event 421 Female 12-13 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 5 Prelims

1				—
2				—
3	Jones, Alexa	12	Nofio S Gar	39.05
4	Greensill, Evie	12	Co Newport	38.60
5	Ryan, Ellie	12	Co Cardiff	38.90
6	Llewellyn, Holly	12	Co Newport	39.09
7				—
8				—

Heat 2 of 5 Prelims

1	Parry, Abigail	12	Nofio S Gar	38.10
2	Pinnock, Betsan	13	Swansea Aq	37.80
3	Owen, Nel	12	NofioGwynedd	37.60
4	Roberts, Phoebe	13	Conwy	37.60
5	Davies, Indie	13	Co Newport	37.60
6	Jasinska, Maria	13	Co Newport	37.69
7	Morris, Blair	12	Neath	37.90
8	Szmigiero, Kaya	12	Aberystwyth	38.50

Heat 3 of 5 Prelims

1	Brown, Alyssa	12	Rct Squad	36.90
2	Williams, Daisy	13	Nofio Bangor	36.30
3	Fordham, Freya	13	Co Newport	35.60
4	Berner, Iyla	12	Nofio S Gar	33.90
5	Williams, Paige	13	Swansea Aq	35.00
6	Van Zyl, Kiara	13	Co Cardiff	36.10
7	Mellor, Medi	13	Nofio Bangor	36.60
8	Morris, Besi	12	Nofio S Gar	37.60

Heat 4 of 5 Prelims

1	Jasper, Lily	13	Co Cardiff	36.86
2	Thomas-Owen, Efa	13	NofioGwynedd	36.20
3	Hnoiana, Valentyna	13	Swansea Aq	35.52
4	Davies, Isla	12	Nofio S Gar	32.40
5	Eyre, Maiya	13	Buckley	34.90
6	Williams, Layla	13	Newtown	35.86
7	Evans, Cadi	13	Swansea Aq	36.40
8	Davies, Elizabeth	12	Pembs Cty	37.57

Heat 5 of 5 Prelims

1	Willis, Ffion	13	Torfaen D	36.76
2	Morgan-Basini, Ruby-May	13	Merthyr Tydf	36.20
3	Thomas, Carys	13	Northampton	35.04
4	Sweet-Roberts, Pip	13	Torfaen D	31.30
5	Donaldson, Evie	13	Co Newport	34.29
6	Gettins, Bethan	13	Co Newport	35.70
7	Roberts, Bethan	13	Wrexham	36.33
8	Jones, Cadi	13	Co Cardiff	36.94

Event 422 Boys 12-13 50 LC Meter Backstroke

Lane	Name	Age	Team	Seed Time
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Heat 1 of 3 Prelims

1	Martenko, Fletcher	12	Rct Squad	38.28
2	Cook, Noah	12	Torfaen D	36.88
3	Harvey-Sullivan, Oscar	13	Swindon	35.90
4	Ma, Yuzhe	13	Co Cardiff	33.83
5	De Haan, Charlie	12	Holywell	35.63
6	Zhen, Bosco	13	Co Newport	36.00
7	King, Henri	12	Co Cardiff	37.60
8	%Thomas, Ifan S8	13	Cambrian AA/A,12,+	45.46

Heat 2 of 3 Prelims

1	Gilligan, Lucas	12	Rct Squad	37.72
2	Staples, Max	12	Rhondda	36.59
3	Williams, Heath	13	Wrexham	35.80
4	Jenkins, Rhys	12	Co Cardiff	33.52
5	Hughes, Freddy	13	Rct Squad	35.32
6	Ogden, George	13	Redditch	35.96
7	Miller, Ethan	12	Ruthin	37.50
8	Leigh, Jacob	12	Co Cardiff	38.54

Heat 3 of 3 Prelims

1	Hale, William	12	Co Newport	37.61
2	Morgan, Josh	13	Co Newport	36.10
3	Jones, Dafydd	13	Nofio S Gar	35.77
4	King, Ethan	13	Penyrheol	31.90
5	Noden, Rory	13	Pembs Cty	33.90
6	Palmer, Evan	13	Torfaen D	35.90
7	Pugh, Bryn	12	Co Hereford	36.94
8	Garrett, Ben	12	Merthyr Tydf	38.39

Event 423 Female 12-13 100 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 2 Prelims

1	Thomas-Owen, Efa	13	NofioGwynedd	1:20.50
2	Williams, Layla	13	Newtown	1:17.05
3	Pitt, Seren	13	Co Cardiff	1:14.97
4	Berner, Iyla	12	Nofio S Gar	1:10.10
5	Lewis, Harriet	13	Co Cardiff	1:11.80
6	O'hara, Noelle	12	Wrexham	1:16.60
7	Rowland, Scarlett	13	Neath	1:18.35
8				—

Heat 2 of 2 Prelims

1	Matthews, Catrin	12	Co Cardiff	1:18.47
2	Lee, Seol Lucy	13	Co Cardiff	1:16.84
3	Klak, Nina	13	Co Newport	1:12.80
4	Sweet-Roberts, Pip	13	Torfaen D	1:08.41
5	Meenagh, Mai Van	13	Co Cardiff	1:10.91
6	Jones, Lola-Grace	13	Torfaen D	1:15.30
7	Williams, Daisy	13	Nofio Bangor	1:18.10
8	Roberts, Connie-Rae	12	Co Newport	1:21.75

Event 424 Boys 12-13 200 LC Meter Butterfly

Lane	Name	Age	Team	Seed Time
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Heat 1 of 1 Prelims

1				—
2				—
3				—
4	Jones, Spencer	13	Wrexham	2:43.03
5				—
6				—
7				—
8				—

Swim Wales National Championships 2025 - 24/04/2025 to 27/04/2025
Meet Program - Session 11 (Warmup 11.25 - 11.55)

Event 425 Female 12-13 400 LC Meter IM (HDW)

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1				___
2				___
3	Davies, Elizabeth	12	Pembs Cty	6:20.80 ___
4	Lewis, Evie	12	Pembs Cty	6:18.00 ___
5	Parry, Abigail	12	Nofio S Gar	6:19.20 ___
6				___
7				___
8				___
Heat 2 of 2 Finals				
1	Roberts, Connie-Rae	12	Co Newport	6:09.91 ___
2	Lee, Seol Lucy	13	Co Cardiff	6:00.50 ___
3	Chauhan, Amber	13	Nofio Bangor	5:56.60 ___
4	Lewis, Harriet	13	Co Cardiff	5:20.40 ___
5	Mellor, Medi	13	Nofio Bangor	5:51.70 ___
6	Davies, Macy	13	Torfaen D	5:58.00 ___
7	Gray-Thomas, Jessica	12	Conwy	6:04.50 ___
8				___

Event 426 Boys 12-13 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
1				___
2	Hale, William	12	Co Newport	1:11.12 ___
3	Zhen, Bosco	13	Co Newport	1:07.40 ___
4	Harvey-Sullivan, Oscar	13	Swindon	1:05.25 ___
5	Fogarty, Oliver	13	Pembs Cty	1:06.71 ___
6	Pugh, Bryn	12	Co Hereford	1:08.93 ___
7	%Thomas, Ifan S8	13	Cambrian AA/A,12,+	1:36.70 ___
8				___
Heat 2 of 3 Prelims				
1				___
2	Jenkins, Rhys	12	Co Cardiff	1:10.00 ___
3	Jones, Dafydd	13	Nofio S Gar	1:07.18 ___
4	Jones, Sam	12	Co Cardiff	1:05.21 ___
5	Evans, Sam	13	Pembs Cty	1:06.70 ___
6	King, Henri	12	Co Cardiff	1:08.82 ___
7	De Haan, Charlie	12	Holywell	1:11.50 ___
8				___
Heat 3 of 3 Prelims				
1				___
2	Cook, Noah	12	Torfaen D	1:09.15 ___
3	Palmer, Evan	13	Torfaen D	1:07.10 ___
4	King, Ethan	13	Penyrheol	1:02.86 ___
5	Hughes, Freddy	13	Rct Squad	1:05.30 ___
6	Ogden, George	13	Redditch	1:08.10 ___
7	Garrett, Ben	12	Merthyr Tydf	1:11.39 ___
8				___

Event 427 Female 12-13 200 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Prelims				
1	Matthews, Catrin	12	Co Cardiff	2:35.76 ___
2	Lawn, Gayle	12	Torfaen D	2:29.69 ___
3	Meenagh, Mai Van	13	Co Cardiff	2:23.92 ___
4	Berner, Iyla	12	Nofio S Gar	2:18.04 ___
5	Klak, Nina	13	Co Newport	2:20.52 ___
6	Pitt, Seren	13	Co Cardiff	2:27.30 ___
7	Owen, Nel	12	NofioGwynedd	2:31.70 ___
8				___
Heat 2 of 3 Prelims				
1	Roberts, Connie-Rae	12	Co Newport	2:34.90 ___
2	Williams, Paige	13	Swansea Aq	2:29.10 ___
3	Sweet-Roberts, Pip	13	Torfaen D	2:23.00 ___
4	Sherrard, Alex	13	Torfaen D	2:16.80 ___
5	Prosser, Sofia	13	Torfaen D	2:19.40 ___
6	O'hara, Noelle	12	Wrexham	2:26.40 ___
7	Jasper, Lily	13	Co Cardiff	2:31.28 ___
8				___
Heat 3 of 3 Prelims				
1	Davies, Elizabeth	12	Pembs Cty	2:33.63 ___
2	Eyre, Maiya	13	Buckley	2:28.70 ___
3	Donaldson, Evie	13	Co Newport	2:22.30 ___
4	Reasons, Darcy	13	Torfaen D	2:14.94 ___
5	Davies, Isla	12	Nofio S Gar	2:18.27 ___
6	Thomas, Carys	13	Northampton	2:24.41 ___
7	Thomas-Owen, Efa	13	NofioGwynedd	2:30.30 ___
8	Brown, Alyssa	12	Rct Squad	2:36.10 ___

Event 428 Men 12 & Over 1500 LC Meter Freestyle (HDW)

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
1	Hughes, Freddy	13	Rct Squad	20:29.10 ___
2	Mills, Thomas	14	Nofio S Gar	19:29.70 ___
3	Harvey, Hugo	14	Co Cardiff	19:08.30 ___
4	Parfitt, Sebastian	15	Co Cardiff	18:25.70 ___
5	Duggan, Brandon	15	Co Cardiff	19:05.53 ___
6	Baldwin, Thomas	14	Holywell	19:15.70 ___
7	Chalk, Alistair	13	Co Newport	20:01.17 ___
8	Jones, Spencer	13	Wrexham	20:38.73 ___
Heat 2 of 2 Finals - Swimming with Finals				
1	Davies, Brynley	15	Co Newport	17:42.20 ___
2	Bennett, Finley	16	Pembs Cty	17:15.70 ___
3	Evans, Ieuan	18	Cambrian AA	17:04.17 ___
4	Neaves, Archie	20	Swansea Uni	16:26.20 ___
5	Parsons, Joseph	18	Co Cardiff	16:37.20 ___
6	Park, Reggie Samuel	15	Holywell	17:12.20 ___
7	Williams, Thomas	15	Nofio S Gar	17:35.60 ___
8	Reece, Liam	15	Co Newport	18:23.60 ___